



ROMAN CATHOLIC PARISHES OF THE FIVE TOWNS

Saint Joseph † Our Lady of Good Counsel † Saint Joachim

Website: 5townsparishesny.com

**Fourth Sunday in Ordinary Time
February 1, 2026**

“Weigh earthly shame against heavenly glory, and see whether what you suffer on earth is not much lighter than what you expect in heaven. But perhaps you may say, ‘Who can be joyful when reviled? Who can not only endure being reviled but rejoice in it with a great soul?’ The answer is, only the one who does not delight in empty glory. One who desires what is in heaven does not fear reproaches on earth. He does not care about what people say about him but rather how God judges him. But one who rejoices in the praise of others and how much they praise him is saddened when he receives no praise. He feels sad at others’ reproaches. But a person who is not lifted up by others’ praise is not lowered by their reproach. A soldier endures the danger of war so long as he hopes for the spoils of victory. So how much more should you who are waiting for the reward of the heavenly kingdom have no fear of the world’s reproaches.” -

Anonymous 5th C.

The Martyrs of Gorkum (1572)

by Cesare Fracassini



from the PASTOR

Dear brothers and sisters in Christ,

With Ash Wednesday approaching (two and a half weeks away), I was reminded of a situation that came about in another parish. Part of this is based on the confusion people have over attending Mass and coming to services, whether they are obligatory or not, and the focus we place on different liturgical celebrations. At an Ash Wednesday morning Mass, during the distribution of Holy Communion, someone came up to an Extraordinary Minister of Holy Communion (that's what we refer to those non-Ordained who assist with Communion), and stated, "Oh no. I don't want the white stuff, I want the black stuff."

Some of you may be laughing, some of you may be shaking their head and wondering how anyone could be so ignorant, but all of us should recognize something about this person's response in front of the Eucharist. It was choosing the earthly over the heavenly. In a couple of weeks, we will go to Masses or services held on Ash Wednesday and receive ash on our forehead, and we need to remember something; even though it was blessed, it's still ash. It is merely symbolic. We are not required to attend Ash Wednesday Masses, services, or in any way receive ash; it is not a Holy Day of Obligation. It is a symbol, a liturgical reminder, that we are beginning the Season of Lent, a time of repentance and of waiting.

The Eucharist on the other hand is not a symbol, it is not something that we receive because we have been told we have to receive it, it is the Real Presence of Jesus Christ. The Eucharist, the host, which was ordinary bread until the priest uttered the words of consecration over it at the altar, is the Living Body of Jesus Christ, which is offered for us and to us in Holy Communion. Being a priest, and even before that as a deacon, commissioned acolyte, and extraordinary minister, I realize many people do not realize what it is we receive. The amount of people coming up to receive the Blessed Sacrament at funerals, weddings, and at Sunday Masses, who either take it from the minister's fingers, or casually play with it on the way back to their pew, reveals the ignorance of the Real Presence of Jesus Christ.

There have been other times when people rush into the church, minutes after the Mass had ended, and they ask to receive the Eucharist, even though they were not in attendance. While I admire the desire for these people to receive the Blessed Sacrament, the fact is they should not be given it. Why? Because the obligation of Christians is not to receive the Blessed Sacrament every Sunday, it is to attend Mass every Sunday. That is unless it is physically impossible to do so, such as being sick and homebound, or in a place where Mass is not available in a reasonable distance; many of our brothers and sisters in New York and other states will travel an hour or longer to get to Mass.

When people come to confession, stating that they were unable to come to Mass because of illness, or they were homebound due to age, infirmity or the weather, such as the snow last Sunday, they are not confessing sins, but their desire to be a part of the worship community or the church, and to partake of the Real Presence of Jesus Christ in the Eucharist. It is difficult, the broadcasting of the Mass on TV and the internet, intended for the homebound, made many people lazy, and the Covid isolation and people being excused from Mass attendance did not help, but the lack of awareness of Christ's Presence in the Eucharist goes back prior to Covid.

As Catholics, we are required to attend Sunday Mass. Let's take the opportunity of the approaching Lenten Season to encourage our family members and friends to come home to Christ.

Pax,

Fr. Henry

Clergy

Rev. Henry W. Reid
Pastor

Rev. Prince Charles Ofori
Curate

Rev. Gustavo Perez
Alzate

Spanish Ministry
516-239-0953
516-825-1450

Rev. James F. Drew,
Retired Resident

Rev. Jijo Joseph
Hospital Chaplain in
Residence

Dcn. Daniel Otton
516-374-0290
Ex. 103

Dcn. Thomas Costello

Dcn. Frank Bono

Dcn. Dean Dobbins
Business Manager for the Five
Towns Parishes

The Parish of Saint Joseph

1346 Broadway
Hewlett, New York 11557
Phone 516-374-0290
Fax 516-374-2598
Grace Coyne - Parish Secretary
Ex. 101
5townscatholiccommunityny@gmail.com

RECTORY OFFICE HOURS

Monday through Thursday
9:00 AM - Noon, 1:00 PM -3:00

**The Parish of
Our Lady of Good Counsel**

68 Wanser Avenue
Inwood, New York 11096
Phone: 516-239-0953
Fax: 516-239-0386
Lena Artusa
Pastoral Assistant
Ex. 107

RECTORY OFFICE HOURS

Mon. Wed. 8:30 AM - 2:30 PM
Thurs. 10:00 AM to 2:30 PM

The Parish of Saint Joachim

614 Central Ave.
Cedarhurst, New York 11516
Phone - 516-569-1845
Fax - 516-569-0117
Mireya Jacobs
Parish Secretary
Ex. 111

RECTORY OFFICE HOURS

Monday through Thursday
8:00 AM to 4:00PM

**FIVE TOWNS
FAITH FORMATION**

Deacon Ivan Toro
Phone: 569-6080
Fax: 374-3664

Maintenance Supervisor

Cris Reyes Ex.108

SUNDAY MASS SCHEDULE

Saint Joseph
Saturday 5:00 PM
Sunday 10:30AM

Our Lady of Good Counsel
9:00 AM (en Espanol)
11:00 AM

Saint Joachim
Sunday - 9:45 AM

WEEKDAY MASS SCHEDULE

Saint Joseph - 8:30 AM
Tuesday - Wednesday
Thursday - Saturday

Our Lady of Good Counsel
8:00 AM
Tuesday & Thursday

Saint Joachim - 9:00 AM
Monday - Wednesday - Friday

+ + +CONFESSIONS+ + +
Saint Joachim
Friday - 9:30 AM
Saint Joseph
Saturday - 9:00 AM & 4:00 PM

+ + +HOLY DAYS+ + +
Check Bulletin

+ + +DEVOTIONS+ + +

Saint Joseph
Miraculous Medal Novena
Saturday following
8:30 AM Mass

Eucharistic Adoration
Wednesdays -
9:00 AM - 9:00 PM

Our Lady of Good Counsel
Confesión y Adoración
En Espanol
Miercoles 7:00 PM

DRVCVOCATIONS
Is God calling you?
Take the next step.
www.drvcvocations.org
POWERED BY OFFICE OF COMMUNICATIONS - DIOCESE OF ROCKVILLE CENTRE

MASS INTENTIONS FOR THE WEEK

MONDAY, FEBRUARY 2

9:00 AM William Girimonti St Joachim

TUESDAY, FEBRUARY 3

8:00 AM No Intention OLGC
8:30 AM Michael and Patricia Iannico St Joseph

WEDNESDAY, FEBRUARY 4

8:30 AM Frances Santino St Joseph
9:00 AM Janette Samayoa St. Joachim

THURSDAY, FEBRUARY 5

8:00 AM No Intention OLGC
8:30 AM Mekat Antony (10th Anniversary) St. Joseph

FRIDAY, FEBRUARY 6

9:00 AM No Intention St. Joachim

Saturday, FEBRUARY 7

8:30 AM No Intention St Joseph
5:00 PM No Intention St Joseph

Sunday, FEBRUARY 8

9:00 AM Blanca Anderson OLGC
9:45 AM Matilda Roa, Cristina and Rosario Maiorano St Joachim
Stewart Pastor, Hon. Andrew J. Parise
10:30 AM Parishioners of the Five Towns Parishes St Joseph
11:00 AM William E. Ebert (Big Bill), Antonia Castagna, OLGC
Pam Calogiero

Celebrants for Next Sunday

Saturday February 7

8:30– Fr. Jijo

5pm - Fr. Jijo

Sunday February 8

9:00am– Fr. Gustavo

9:45am– Fr. Prince

10:30– Fr. Henry

11:00am– Fr. Jim

MASS ATTENDANCE & COLLECTION JANUARY 24 & 25

SAINT JOSEPH

5:00pm –

10:30am—

TOTAL—

Collection— \$2,379

SAINT JOACHIM

9:45—

Collection- \$331

GOOD COUNSEL

9:00 –

11:00 –

TOTAL—

Collection— \$840

TOTAL ATTENDANCE

Not available at this time

**Please print the
amount of your
donation clearly
on the front of the
envelope.
Thank you.**

***Eucharistic Adoration at
St. Joseph Church
Every Wednesday
from 9:00 am—9:00 pm***



We Pray for all of our families and members of our Communities

FOR THE ILL OF OUR PARISHES

Karen Kite, Marina Sorbara, Dolores Sperling, Mike McAuliffe, Margi Stamile, Arlene Hugues, Baby Cole Williams, Maryann Levy, Betty Ann Duncan, Lorraine Sciarrotta, Cecilia Balzer, Gloria Delgardio, Susan Sangirardi, Carol Bernard, Robert Chimenti, Winifred Valcancick, Mary Backer, Anthony Frustaci, Andrew Frustaci, Vanna Maxwell, Mary DiBiase, Roger Arrigali, Frank Whaley, Maryann Ingardia, Catherine Morgan, Michael Cassidy, Vincent Moran, Christina Jones, Karagrosis Family, Joe Boccia, Lawrence Cohen, Carol Rizzo, Terry Halloway, Krista Newman, Bill Vincent, Fran Iadanza, Phyllis Cavalerie, Elizabeth Lukasik, Michael DiBiase, Margherita Zanghi, Nicholas Vessio, Larry Franco, Rodolfo Yacaza, Cindy Whittaker, Maryann Guiliano, Linda Bassalay, Bonnie Birkeland, Tommy Farrell, Baby Lily Grace McMillan, Anthony Bailey

MILITARY PRAYER LIST

PFC Mario Borriello Jr.
Cadet Nicholas Curra
SSGT Murphy Lorraine

Please provide us with names of those currently serving.



Prayer for Our Troops

**Lord, hold our troops in your loving hands.
Protect them as they protect us.
Bless them and their families
For the selfless acts they perform
For us in our time of need.
And give us peace.
I ask this in the name of Jesus,
Our Lord and Savior. Amen.**

FOR THOSE WHO HAVE GONE BEFORE US



Joseph V. Scognamillo

Maureen E. Cantwell


FOR THOSE BAPTIZED IN CHRIST



ATTENTION:

2026 DAILY MASS BOOK FOR PARISHES OF THE 5 TOWNS

The Daily Mass book for 2026 is now available for reserving mass intentions for relatives and friends January through June. Please come during daytime office hours to make arrangements.

Saint Joseph	Saint Joachim	Our Lady of Good Counsel
<i>Altar Bread and Wine:</i>	 Rose For Life Nancy O'Rourke and Family	<i>Altar Bread and Wine:</i> In Memory of: <i>In Thanksgiving</i> Requested by: <i>Cama Family</i>



"I trust in you, my Jesus. I place my poor soul in your hands – mold me according to Your Divine will."
- St. Frances

3rd Annual Card Shark Game

Tuesday, February 17th at 7pm
Admission is \$25.00 per person

Elks #1 Lodge
57 Hempstead Avenue Lynbrook, NY

It's a fun game with 4 people on a team sharing the prize money
We will also have a Share The Wealth drawing, coffee and cake will be served at intermission
To purchase tickets before February 10th, or additional information please contact Diane Langella, (516) 777-0607

The BraveHearts of St. Francis Hospital are excited to introduce

YoungHearts
OF ST. FRANCIS HOSPITAL

YoungHearts is a new program within the BraveHearts organization that provides community, support and friendship to pediatric cardiology patients and their families.

Want to get involved or become a member?
To learn more, please call the BraveHearts office at (516) 562-6785 or email the YoungHearts chair at Christina.dunleavy@aol.com

chsl.org/st-francis-hospital

NARCAN TRAINING

TOGETHER WE CAN SAVE LIVES

TUESDAY, JANUARY 20TH - 6:00 p.m.
VFW Post 1790
65 East Merrick Road, Valley Stream

THURSDAY, FEBRUARY 12TH - 6:00 p.m.
St. Joseph's Church
1346 Broadway, Hewlett

TUESDAY, MARCH 10TH - 6:00 p.m.
Atlantic Beach Village Hall
65 The Plaza, Atlantic Beach

Training includes:

- How to identify an overdose victim, administer the Narcan Kit, and contact emergency officials.
- Obtain a Narcan certification and a Narcan Kit.

In partnership with

Supervisor John Ferretti

Councilwoman Melissa Miller

Please visit toh311.net/narcan-signup or use the QR code for a complete list of dates and to register online.

Councilmembers

Dorothy L. Goosby
Thomas E. Muscarella
Laura A. Ryder

Dennis Dunne, Sr.
Melissa Miller
Christopher R. Schneider

Kate Murray
Town Clerk
Jeanine C. Driscoll
Receiver of Taxes

+ + + + + RIGHT TO LIFE + + + + +

Life Center of Long Island—Hempstead

Since 1986 The Life Center has been empowering pregnant and parenting women by providing them with the resources and emotional support needed to take care of themselves and their children and enable them to make healthy decisions for their future. Skilled consultants are available to provide information, guidance, hope, and After Abortion, Counseling, Material Assistance, Maternity Clothes and Baby Items, Other Counseling Options, Other Support, Parenting Classes, Peer-to-Peer Support, Pregnancy Options, Support for Men

Email: infoma@lifecenterli.org **Phone:** 516-408-6300

Website: <https://lifecenterli.org/> **Address:** 474 Fulton Avenue, Hempstead

The Gianna Center-Specialized Care for Women's Health Needs

At The Gianna Center for Women’s Health & Fertility, we treat the full spectrum of women’s health care needs—from women’s health disorders to advanced gynecological care to reproductive medicine—for all stages of life. www.catholichealthli.org/gianna-center

ROSARY FOR LIFE
Every Friday - 3:00 PM
www.drvcclife.org


CATHOLIC FAITH NETWORK
 Watch
 live & on
 demand.

www.cfntv.org



Birthright, Inc. of Nassau-Suffolk - Wantagh, NY
PREGNANT? NEED HELP?
24Hr. Helpline 800-550-4900

Wantagh 516-785-4070 Hampton Bays 631-728-8900
 Islip 631-277-3888 Southold 631-876-5138
 Rocky Point 631-821-9727

NYS Catholic Conference 

Stop Physician-Assisted Suicide in New York

New York is on the brink of legalizing physician-assisted suicide. Bill A136 has already passed the Senate and Assembly. **The only thing standing in its way is Governor Hochul's veto – and she needs to hear from you.**

This bill would allow doctors to prescribe lethal medication with the sole purpose of ending a patient’s life. It puts the most vulnerable among us – the elderly, people with disabilities, and those facing emotional or financial despair – at even greater risk. **Suicide is not healthcare.**

We must speak out to protect the dignity of every human life. Assisted suicide is a dangerous and deadly path – one we must not go down.



Take Action!



Contact the Governor’s office now to oppose this deadly practice! Visit bit.ly/veto-pas or use the QR code.

Join Our Team!!!
Bi-Lingual Staff & Volunteers Needed
 At our Smithtown, Deer Park & Hempstead locations

91 Maple Ave., Smithtown NY 11787 T: (631) 656-0441
 1767 Deer Park Ave., Deer Park NY 11729 T: (631) 243-0066
 474 Fulton Ave., Hempstead NY 11550 T: (516)408-6300

Training to be provided with growth opportunities available
 For Staff Positions Please Email resume
GSschreiber@lifecenterli.org



Cor exists to form and strengthen Catholic men through prayer, formation and fraternity. Join us!

A once a month mens prayer meeting at St. Joachim's church @ 7P.M. March 24th, April 7th, future meetings will be held the first Monday of each month.



Knights of Columbus

Are looking for a few Good men to join Fr. John Farrell Council 5962

Reasons to become a Knight of Columbus

- ♦ Belong to the largest men's fraternal- family support organization in the world.
- ♦ Help others who are in need.
- ♦ Support our church.
- ♦ Support our community.
- ♦ Benefit from the KofC Insurance & Scholarship programs.

What is required to become a Knight?

- ♦ Be a practicing Catholic man, 18 years of age or older.
- ♦ A desire to make your community a better place and to serve your church.

The order of the Knights

- ♦ Charity, Unity, Fraternity, Patriotism.

Scan with phone camera!



YOU ARE CALLED! JOIN TODAY!

Free 12 Month Membership

Visit KofC.org/JoinUs

Use Promo Code

BlessedMcGivney



Five Towns Parishes Outreach and Food pantries

ST. JOSEPH'S FOOD PANTRY

516-569-0834

E-Mail: foodpantryhewlett@gmail.com
Hours: 6:00 p.m. to 7:30 p.m.
Every Other Wednesday

Our Lady of Good Counsel

516-239-0953

Hours - 2nd and 4th Thursday
8:30 a.m. - 10:00 a.m.

Saint Joachim Parish Outreach

1st & 3rd Wednesday 9:30-11:30am
516-536-1845
Email: joachimrcc@yahoo.com

St. Vincent de Paul Society 516-822-3132

Pantry needs.....

Hot & Cold Cereal, Spaghetti, Macaroni, Tomato Sauce, Canned Tuna or Chicken, Canned Green Beans, Canned Beans (Black, Pinto, Kidney), Canned Fruit, Canned Vegetables, White Rice, Peanut Butter/Jelly, Mac & Cheese, Soup, Salad Dressing, Tissues, Toilet Tissue, Paper Towels, Supermarket Gift Cards, Bags with handles.

THE CATHOLIC CARTOON BY JOSHUA MASTERSON



"Yes, Mrs. Jones, that sounds truly inspiring, but I'm afraid Fr. Otto doesn't accept 'HOMILY REQUESTS.'"