



*ST. JOSEPH*  

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*OUR LADY OF GOOD COUNSEL*  

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*ST. JOACHIM*

## **Parishes of the Five Towns Confirmation Preparation Packet**

*Walking Together Toward the Gifts of the Holy Spirit*

Dear Parent,

We're honored to accompany your child as they prepare to receive the Sacrament of Confirmation. This packet contains everything you'll need to help us walk together in faith and clarity. Thank you for your presence, your prayers, and your partnership. May this journey be filled with grace, growth, and the joy of the Holy Spirit.

With gratitude,

*Ivan Toro*  
*Director*  
*Faith Formation*  
Parishes of the Five Towns

## Section 1: Parent & Student Information Form

Parishes of the Five Towns – Confirmation Information Form *Please complete and return this form to help us prepare for your child's Confirmation.*

### Student Information

- Full Name of Student: \_\_\_\_\_
- Date of Birth: \_\_\_\_\_
- Current School: \_\_\_\_\_
- Grade Level: \_\_\_\_\_
- Has the student received Baptism and First Communion?  Yes  No
  - If yes, please attach copies of certificates.

### Parent/Guardian Information

- Parent/Guardian Names: \_\_\_\_\_
- Home Address: \_\_\_\_\_
- Email Address: \_\_\_\_\_
- Phone Number(s): \_\_\_\_\_
- Preferred Contact Method:  Phone  Email  Text

### Emergency Contact

- Name: \_\_\_\_\_
- Relationship to Student: \_\_\_\_\_
- Phone Number: \_\_\_\_\_

## Section 2: Sponsor Information

### Sponsor Requirements

- Must be a confirmed Catholic, age 16 or older
- Must be actively practicing the faith
- Cannot be a parent of the candidate

### Sponsor Details

- Sponsor's Full Name: \_\_\_\_\_
- Relationship to Student: \_\_\_\_\_
- Sponsor's Parish (if applicable): \_\_\_\_\_
- Sponsor's Email or Phone: \_\_\_\_\_

**Reflection Prompt** Why did you choose this person to be your sponsor?

## Section 3: Saint Name Selection

**Choosing a Saint:** Your child is invited to choose a Confirmation saint whose life inspires them. This saint will be a spiritual companion and guide.

**Chosen Saint Name (if known):** \_\_\_\_\_

**Reflection Prompt** What qualities of this saint inspire you?

## Section 4: Volunteer & Service Information

**Service Expectations** Confirmation preparation includes acts of service that reflect Christ's love.

**Completed or Planned Service Projects:**

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**Reflection Prompt:** How did this service help you grow in faith or compassion?

## Section 5: Religious Education Verification

Since your child receives religious education at Kellenberg Memorial High School, please provide:

- Confirmation of enrollment in religious education
- Summary of curriculum or topics covered
- Record of service hours (if applicable)
- Retreat participation details (if applicable)

You may request this documentation from Kellenberg religion department or campus ministry office.

## Section 6: Important Dates & Contacts

### Key Dates \*

- Confirmation Rehearsal: **Wednesday, May 20th, 2026 at 6:00pm**
- Confirmation Ceremony: **Saturday, May 23rd, 2026 at 11:00am**
- Deadline for Forms: **March 15th, 2026**

**\* Please note that confirmation rehearsal and ceremony will be held at St. Joseph's Church in Hewlett.**

### Faith Formation Contact Information

Parishes of the Five Towns

Ivan Toro

Director of Faith Formation

1355 Noel Street

Hewlett, NY 11557

[fivefownsfaithformation@gmail.com](mailto:fivefownsfaithformation@gmail.com)

Phone: (516) 569-6080



## DIOCESE OF ROCKVILLE CENTRE

### TESTIMONY OF DESIGNATED SPONSOR

*The role of sponsor is an important one for the Sacraments of Baptism and Confirmation. Today some may see the role as honorary, but the Church sees the sponsor, popularly called a godparent, as a fully-initiated Catholic who actively supports the newly Baptized or Confirmed by good example and instruction in the Christian life.*

*In order to be admitted to the role of sponsor, the law of the Church directs that a person must be designated specifically by the parents of the infant or the individual who is to be baptized or confirmed. To be a sponsor, a person must be a Catholic, at least sixteen years of age, and have already received the Sacraments of the Most Holy Eucharist and Confirmation. In addition, he or she must be leading a life in harmony with the faith and not be bound by a canonical penalty.*

I, \_\_\_\_\_, declare that I have been chosen to act as a sponsor for \_\_\_\_\_, who is to receive the Sacrament of Baptism/Confirmation on \_\_\_\_\_ at the Church of \_\_\_\_\_ in \_\_\_\_\_.

In assuming this responsibility, I testify that:

- **I am at least sixteen years of age.**
- **I have received the Sacraments of Baptism, Confirmation, and Eucharist.**
- **I am living a life in harmony with the teachings of the Catholic Church in faith and morals.**

Understanding the role of sponsor as prescribed by the Church and aware of the obligations and responsibilities of this role, I attest that I am willing and able to accept the role of sponsor in the Catholic Church.

By my signature, I solemnly swear that I fulfill all of the requirements to be a sponsor as described above. I attest to the truth of this statement, so help me God.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Designated Sponsor

\_\_\_\_\_  
Parish

\_\_\_\_\_  
Pastor/Delegate

Parish Seal:

## The Requirements of Sponsor

The role of *sponsor* is an important one for the sacraments of Baptism and Confirmation. The Church sees the *sponsor* as a fully-initiated Catholic who supports the one receiving the sacrament with example and instruction. Because of the seriousness of this ministry, the Church has the following requirements:

- The sponsor must be a fully-initiated member of the Catholic Church through Baptism, Confirmation and Eucharist.
- The sponsor must be at least sixteen (16) years of age.
  - In this case, the Catholic who is younger than 16 must be fully initiated.
- The sponsor must have an active life of faith in the Church and provide good example.
  - Someone married outside the Church is not able to receive Communion and is not able to be a sponsor.
  - Also, a Catholic who has left the Church is not able to be a sponsor of a new member into the Church.
  - Therefore, a Catholic who has left the Catholic Church cannot be a sponsor, and cannot be a "Christian witness" if they join another Christian communion.
- The sponsor cannot be either parent.
- When there are two sponsors, they are "spiritual parents" and are to be a godfather and godmother.

## Christian Witness – (A baptized non-Catholic Christian)

Provided there is one Catholic sponsor, a baptized non-Catholic Christian may serve as a Christian witness for Baptism only. This person is a *Christian witness* and not a *sponsor*.

- Requirements to be a Christian Witness:
  - at least sixteen years old
  - a validly baptized Christian
  - living an upright life
  - cannot be either parent
  - cannot be a Catholic who has left the Church
- A Christian witness may never be a non-baptized person. For example, Jewish or Muslim godparents are not permitted by universal church law.
- The notation "Christian witness" is placed under the name of the non-Catholic Christian witness in the baptismal register.

# Your Confirmation Name

Candidate Name: \_\_\_\_\_

## Why Choose a Confirmation Name?

At the time of Confirmation, the Church invites each candidate to choose a name that reflects the meaning of this sacrament. This name is a reminder of your faith journey and your call to live as a disciple of Christ.

You may choose:

- **The name of a saint** whose life inspires you and represents the type of Christian you wish to be.
- **Your baptismal name**, recommitting yourself to it after reflecting on its meaning and learning about the great Christian figures who shared it.

Confirmation is the completion of your Baptism experience. Whether you select a new name or remain with your baptismal name, take time to explore the root meaning of the name. As scripture reminds us: *"Yahweh calls each of us by name."*

## Your Task

Each candidate should prayerfully research the name they select and write a short summary explaining:

- Why you chose this name
- What you learned about the saint or Christian figure connected to it
- The meaning of the name

Use the **Confirmation Name & Saint Research Sheet** attached to guide your reflection.

# The Roman Catholic Parishes of The Five Towns

## Confirmation Name & Saint Research Sheet

Candidate Name: \_\_\_\_\_

Date: \_\_\_\_\_ Confirmation Year: 2025-2026

Chosen Confirmation Name (Saint): \_\_\_\_\_

Saint's Feast Day: \_\_\_\_\_

Why I chose this saint? Write a few thoughts:

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Saint's Life Story (in my own words):

Where did they live? What did they do? What struggles or graces defined their journey?

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How My Saint Inspires Me:

What gifts or virtues do they embody that I admire or want to grow in?

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How I Will Live Like This Saint:

List 3 ways this saint helps you follow Jesus more closely.

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Candidate Signature: \_\_\_\_\_

**Optional Creative Piece**

Attach a drawing, prayer, poem, or symbolic item that represents your saint.

***"The saints were not superhuman. They were people who loved God and shared His Light."***  
**– Pope Francis**





**Diocese of Rockville Centre  
Parishes of The Five Towns**

**Letter to the Pastor – Confirmation Candidate**

**Candidate Information**

- Full Name: \_\_\_\_\_
- Parish: \_\_\_\_\_
- School/Religious Education Program: \_\_\_\_\_
- Confirmation Saint Name: \_\_\_\_\_
- Sponsor's Name: \_\_\_\_\_

**Reflection Questions** *(please answer in complete sentences)*

1. Why do you want to be confirmed at this time?

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2. What does choosing your Confirmation saint mean to you?

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3. How will you continue to live your Catholic faith after Confirmation?

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**Candidate Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Parent Guide: Writing the Pastor's Letter for Confirmation

### Why this letter matters

- The Diocese of Rockville Centre asks each Confirmation candidate to complete a short letter or form for the pastor.
- This letter is the candidate's way of personally requesting the sacrament and showing readiness.
- It helps the pastor connect with each child, understand their faith journey, and pray for them by name.

### What the letter/form includes

- **Basic information:** Candidate's name, parish, program, chosen Confirmation saint, and sponsor.
- **Reflection questions:**
  1. Why do you want to be confirmed?
  2. Why did you choose your Confirmation saint?
  3. How will you live your Catholic faith after Confirmation?

### Tips for parents

- **Encourage ownership:** Let your child write in their own words. Authenticity matters more than polished grammar.
- **Keep it simple:** A few sincere sentences for each question is enough.
- **Offer gentle guidance:** You can brainstorm ideas together, but avoid writing it for them.
- **Highlight personal connections:** Encourage them to mention family traditions, parish experiences, or moments of prayer that shaped their choice.
- **Remind them of the "why":** Confirmation is about strengthening their relationship with Jesus and the Church.

### Example (for inspiration only)

*"I want to be confirmed because I want the Holy Spirit to guide me in my life. I chose St. Francis of Assisi because he loved creation and cared for the poor, and I want to follow his example. After Confirmation, I will keep going to Mass and help at parish service projects."*

### Final reminders

- Letters should be handwritten and signed by the candidate.
- Return the completed form by the parish deadline.
- Parents can reassure their child: this isn't a test, it's a chance to share their heart with the pastor.